



Serving Suggestion

GARDEN GOURMET® MINCE

2 X 2KG

Vegan mince made from soya flour and wheat protein, pasteurised, deep frozen.

INGREDIENT LISTING

Rehydrated SOYA Flour (91%), Rapeseed Oil, Rehydrated WHEAT Protein (2.2%), Malt Extract (BARLEY), Yeast Extract, Onion Powder, Garlic Powder, Spices, Salt, Dried Fried Onions (Onions, Rapeseed Oil), Flavouring. May contain EGG, SESAME, CELERY, and MUSTARD



Nutritional Information Typical Values		kJ	Kcal	Fat	of which: saturates	Carbohydrates	of which: sugars	Fibre	Protein	Salt
% RI*	%		6	3	2	2	3		30	5
Per Serving**	G	476	113	2.3	0.3	5.3	3.0	6.0	15.0	0.30
Per 100g	G	634	151	3.0	0.4	7.0	4.0	8.0	20.0	0.40

*Reference Intake of an average adult (8400kJ/2000kcal).

PRODUCT INFORMATION

Number of servings per pack	Contains approx 26 servings**
Serving Size	**Per 75g serving
Storage Instructions	Frozen product. Store at -18°C.
Storage Instructions Once Open	Once defrosted, do not refreeze, use immediately
Shelf Life	15 months

ALLERGEN AND INTOLERANCE INFORMATION

Contains:	Soya and Gluten from wheat and barley
May Contain:	Eggs, Celery, Sesame and Mustard
Free From:	Peanuts, Nuts, Crustaceans, Molluscs, Fish, Milk, Lupins and Sulphur Dioxide / Sulphites



PREPARATION GUIDELINES

Ready to eat after heating

ON PACK CLAIMS

Rich in protein
Source of fibre

